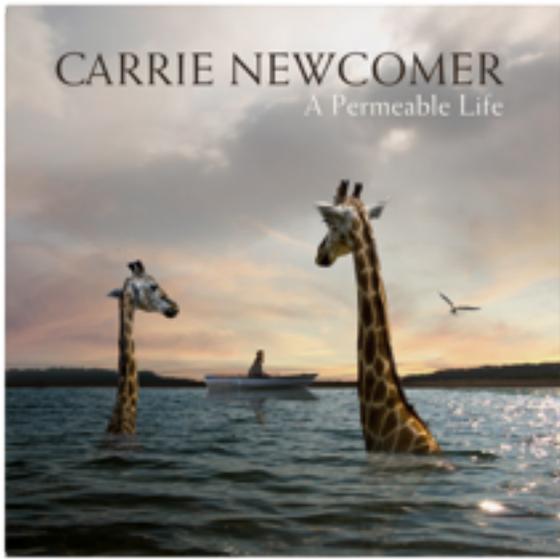


# AVAILABLE LIGHT RECORDS

## Album Profile – A Permeable Life



Singer-songwriter Carrie Newcomer is releasing her twelfth studio recording this spring. *A Permeable Life*, produced and engineered by Paul Mahern (John Mellencamp, Over the Rhine, Willy Nelson, Lily & Madeleine), will be in stores on April 1, 2014, from Available Light Records, distributed by MRI/Sony RED Music. Newcomer is simultaneously releasing a companion book, *A Permeable Life: Poems and Essays*. Newcomer has attracted a devoted following with her warm voice, exquisite melodies, and an irreverent yet spiritual view of the world. As in the work of poets Mary Oliver and Wendell Berry, Newcomer's songs are based in the ordinary, and infused with images from the natural world.

“*A Permeable Life* is about what presses out from the heart, what comes in at a slant and what shimmers below the surface of things,” Newcomer says. “To live permeably is to be open-hearted and audacious, to risk showing up as our truest self, and embracing a willingness to be astonished.”

### THE MUSIC

On this album, Newcomer's signature deep voice—which the *Austin American-Statesman* called “as rich as Godiva chocolate”—takes on a quiet conversational tone, close and intimate. Open and elegant arrangements showcase lyrics that balance introspection and interior monologue with love and fascination for the shared human story. The concept of this album was creating a musical framework as intimate and elegant as the songs themselves. Each individual part have clarity and beauty, fitting perfectly together like the gears of a fine clock, and yet fluid and never ridged or contained but remaining open and seemingly effortless. Newcomer states, “We wanted this album to be very intimate. We wanted the listener to feel very close as if in conversation with me. The vocals on this album were sung as if I were sitting at the kitchen table with the listener.”

In “Every Little Bit of It,” Newcomer delights in the small experiences that give our life meaning, and the importance of embracing these moments while we can “drain the glass drink it down, every moment of this, every little bit of it.” In “A Light in the Window,” she reflects on the feeling of seeing a light in the window at a distance. We don't know what the next threshold will bring, and yet there is always a whisper, a light in the distance giving us hope and encouragement. In “Writing You a Letter,” Newcomer describes the process of traveling with an open heart, and how it will inevitably change us: “Every place I go leaves it's own tattoo.” But she also knows that we make impressions when we leave: “That's how it is laying stone on stone, building little altars by the side of the road.” “The Ten O'clock Line” and “Abide” (co-written with author Parker J. Palmer), explore themes of loss and new thresholds, musing on the possibility that what may look like a hole in one's life, may be only a space. In “Visitation,” Newcomer describes the experience of how memories do not arrive in a linear fashion, but wash over us throughout the day. In the haunting “Thank You Good Night” she describes the evolution of a prayer of gratitude. “A Room at the Table” is an anthem for a new diverse world where she writes “This is how it all begins, let us sing the new world in,” calling us to allow this troubled world to transform us and move us to action. In “An Empty Chair” she explores one woman's story in the wake of unexpected gun violence. And “Forever Ray” and “Don't Put Me On Hold” reflect Newcomer's mischievous humor.



Available Light Records

# AVAILABLE LIGHT RECORDS

## Album Profile – A Permeable Life

### THE MUSICIANS

Featured on the song “The Ten O’clock Line” are the haunting emerging voices of Asmathic Kitty Records’ artists Lily & Madeleine. The album is grounded by the exceptional musicianship of long time collaborators percussionist Jim Brock, pianist Gary Walters and violinist Chris Wagoner/ New collaborators on this album include Heidi Gluck on bass, slide guitar, accordion, harmony vocals, virtuoso cellist Shannon Hayden, and Matt Toby on guitars.



### ARTWORK

The album's artwork features the work of Hugh Syme (Rush, The Band, Earth Wind & Fire, Celine Dion), whose sense of magical realism captures Newcomer's joyous idea about finding miracles in common places.

### ON OUR CULTURE OF BUSY AND SACRAMENTAL LIVING

“Our culture reasons that because we feel there is not enough time, we should increase our pace, multitask, and fit more into our already overbooked days. But perhaps the more effective response to the limits of time is to live more fully in the moment, to savor it and expand it out in all directions.” And “ I am one of a growing number of people that do not want to put the sacred in such a small container.” Carrie Newcomer



### ON WRITING

“Something good happened to my writing when stopped being afraid to do something simple, for the fear that people might think I couldn’t do something more complex. Don’t be confused by the word simple. Simple is not easy, it is clear voiced, and fearlessly elegant.” Carrie Newcomer

### A Permeable Life - Track List

1. Every Little Bit of It (4:35)
2. The Ten O’clock Line *Featuring Lily & Madeleine* (4:54)
3. Writing You a Letter (3:51)
4. A Light in the Window (3:38)
5. The Work of Our Hands (4:06)
6. Abide (4:00)
7. Room at the Table (3:45)
8. Thank You Good Night (4:05)
9. Forever Ray (4:00)
10. An Empty Chair (3:24)
11. Visitation (3:52)
12. Please Don't Put Me on Hold (3:10)

For Photos and Information [www.carrienewcomer.com](http://www.carrienewcomer.com)

For interviews Contact: Kelly Hughes, (312) 280-8126 [kelly@dechanthughes.com](mailto:kelly@dechanthughes.com)



Available Light Records